



Catholic School Parents SA is pleased to present:

Anxiety and Worry in Children & Teenagers

presented by Madhavi Nawana Parker

**Tuesday September 20 2022
6.30pm - 8pm (in person or online)
St Thomas School & Preschool
10 Rushton St, Goodwood SA**

This Parent Engagement Evening, hosted by Catholic School Parent SA, welcomes all parents and carers of children in Catholic schools.

Many children experience some degree of anxiety and worry. This free session will help parents and carers learn to respond in a way that doesn't further inflame the situation and reduce destructive thinking patterns and improve resilience and wellbeing.

Presented by Madhavi Nawana Parker of [Positive Minds Australia](#)

Register via the [CESA Registration Centre](#) or go to the [Events page](#) on the [Catholic School Parents SA Website](#)