



2019 FREE PARENTING SEMINARS

- **Monday 25 March—Everyday ideas to build Healthy RESILIENT Young People** presented by Mark Le Messurier
- **Monday 27 May—Anxiety** presented by Madhavi Nawana Parker
- **Monday 24 June—What is ‘Social and Emotional Literacy’ SEL** presented by Mark Le Messurier
- **Monday 26 August—The ART of using emotionally connecting language patterns with our Kids. Especially in the Tricky times** presented by Mark Le Messurier
- **Monday 23 September— Helping you stay CONNECTED with your Child in a fast paced, changing world** presented by Madhavi Nawana Parker
- **Monday 28 October— “Get Off that Computer, NOW** presented by Mark Le Messurier

7-8.30pm

Fullarton Park Community Centre (Use Rear Foyer Entrance)
Bookings essential as places are limited: phone 8372 5180